

**Glade Run  
Practicum  
IBHS**



**GLADE RUN**  
LUTHERAN SERVICES

# Organizational Overview

## Historical Foundation:

- Established in 1854 by Rev. Dr. William Passavant
- Located in Zelenople, PA

## Mission:

- Empower others to experience personal wellness and growth
- Continuously evolving continuum to meet changing needs in education and social services

## Service Areas:

- Focus on education, mental health, and developmental disabilities
- Community monitoring and supports
- Supportive housing and unique therapeutic offerings

## Impact and Reach:

- Served over 5,000 individuals last year
- Services delivered in schools, homes, and community settings



**GLADE RUN**  
LUTHERAN SERVICES  
*Serving Our Communities Since 1854*

**MISSION**  
Founded in faith and grounded in excellence, we empower individuals to experience personal wellness and growth.

**VISION**  
Our vision is to evolve our continuum of program offerings to meet the changing needs in education and social services, achieve positive impacts in the lives of those we serve through continuous quality initiatives, and to model our values through leadership and innovation.

**CORE VALUES**

- Faith
- Integrity
- Sustainability
- Quality
- Collaboration
- Commitment
- Compassion

# Onboarding & Training

## Day 1

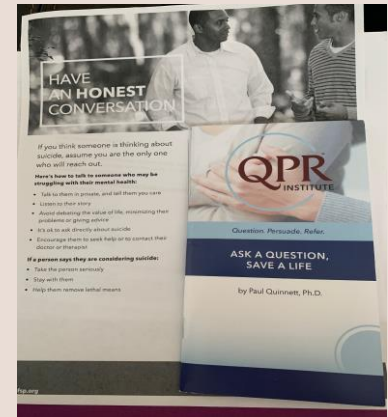
- Campus tour & intro to Sanctuary Model.
- Focus on trauma recovery and SELF concept: Safety, Emotion, Loss, Future.
- HIPAA and Information Systems overview, paperwork, and badge issuance.

## Day 2

- Boundary awareness in professional relationships.
- QPR suicide prevention training

## Day 3

- Therapeutic Crisis Intervention (TCI) , taining
- Powerpoint included exercises and role-plays that we completed with partners to help us practice what it would be like when we are facing a crisis with a client.



# IBHS & Family-Based Services

## Primary Objective:

- Enhance independent functioning in children and families.
- Transfer treatment staff's clinical skills to the entire team.

## Service Delivery:

- Target children, youth, and young adults.
- Adaptable to various settings based on need.
- Guided by valid orders and assessments.

## Holistic Support:

- Wraparound support involving family and significant others.
- Therapy in home and community settings.
- Focus on strengthening relationships and problem-solving skills.

## Family-Centric Commitment:

- Emphasis on understanding family' strengths, needs, and culture.
- Development of partnerships with families.
- Utilization of community's natural supports (e.g., neighbors, teachers).

## Effective Treatment Outcomes:

- Teaching, modeling, and feedback in real-life situations.
- Collaborative plan development and modification.

## Inclusive Team Approach:

- Involvement of various stakeholders:
  - Referring agencies, teachers, vocational counselors.
  - Therapists, psychologists, medical/legal advisers.
- Central role of the child and family in the team.

# My Roles & Responsibilities

- Support staff in various tasks, including research, documentation, and client interactions
- Updating client information and manage data using Unicentric software
- Collaborative Projects
- Actively participate in team meetings and professional development activities.
- Shadow home visits: observed and implemented different behavioral strategies and assist in documenting & administering education activities

## Required Education:

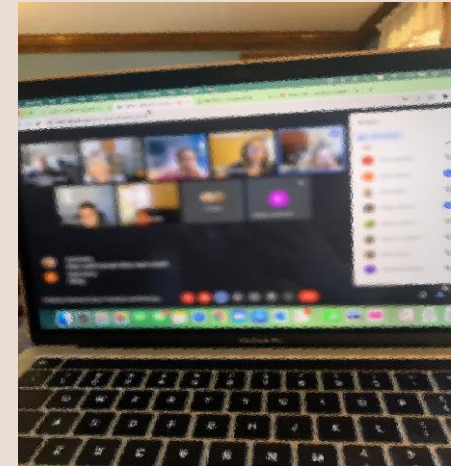
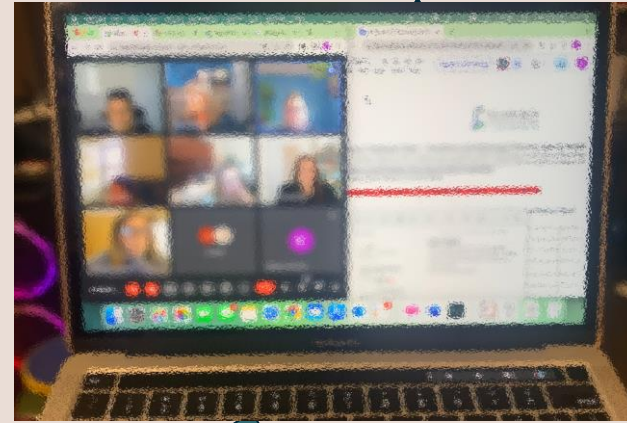
- Internships/Practicums must be a requirement of a school or degree program (bachelors/masters) to be considered

# Weekly Meetings

Every Wednesday the IBHS team meets up for Child Treatment Team Meetings (CTT) from 12pm -1pm

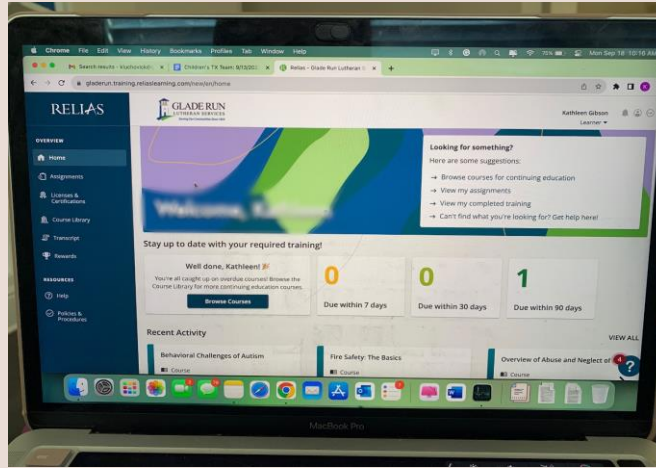
- Discussed client treatment plans & progress
- Assessment of Behavioral Health Needs
- New clients
- Progress Updates
- Family Involvement
- Therapeutic Interventions
- Crisis Planning & Management
- Future Planning
- Team Member Feedback

★ Important in coordinating efforts among team members and understanding different aspects of client treatment plans

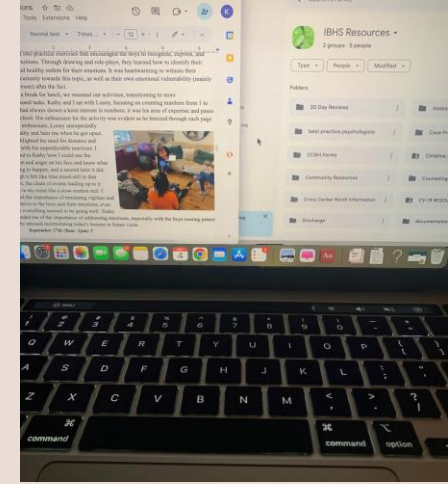




# Journal Entries & Trainings



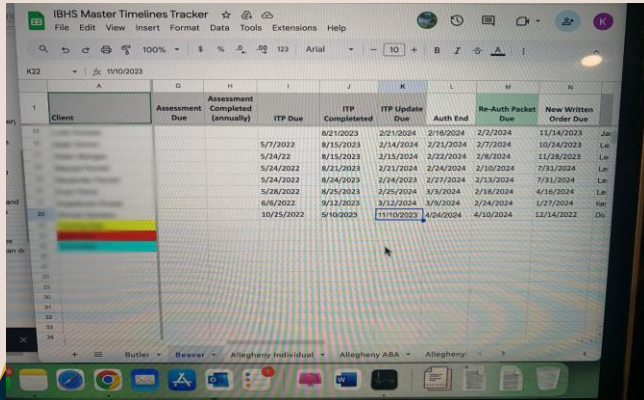
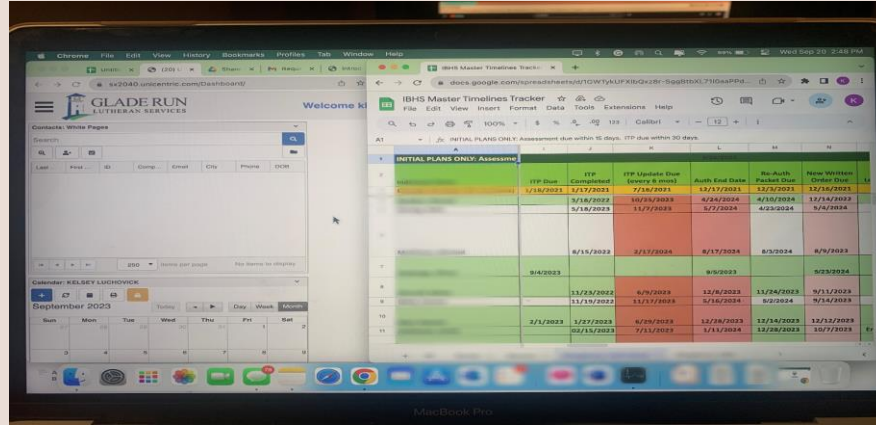
Completed online trainings through their Relias Learning channel, alongside my online RBT certification course as a way to help stay on track of hours. Topics range from behavioral therapy crisis intervention, etc.



I did daily journals documenting activities, challenges, and learnings, including client interactions, data management, team meetings, and home visits, for reflection and professional growth in behavioral health

# Charting & Files

Another one of my main responsibilities was organizing client information on their IBHS Master Timelines Tracker (right) using Glade Run's Unicentric software (left).



I also worked on specialized projects where I was responsible for gathering and organizing data before important supervisor meetings. I was also responsible for organizing folders and file databases



# Home Visits

Shadowed my supervisor on home visits with the Triplets: Louie, Leno, and Ari (age 11) with ASD.

Approach centered around each child, focusing heavily on leveraging their strengths to cater to their unique needs.



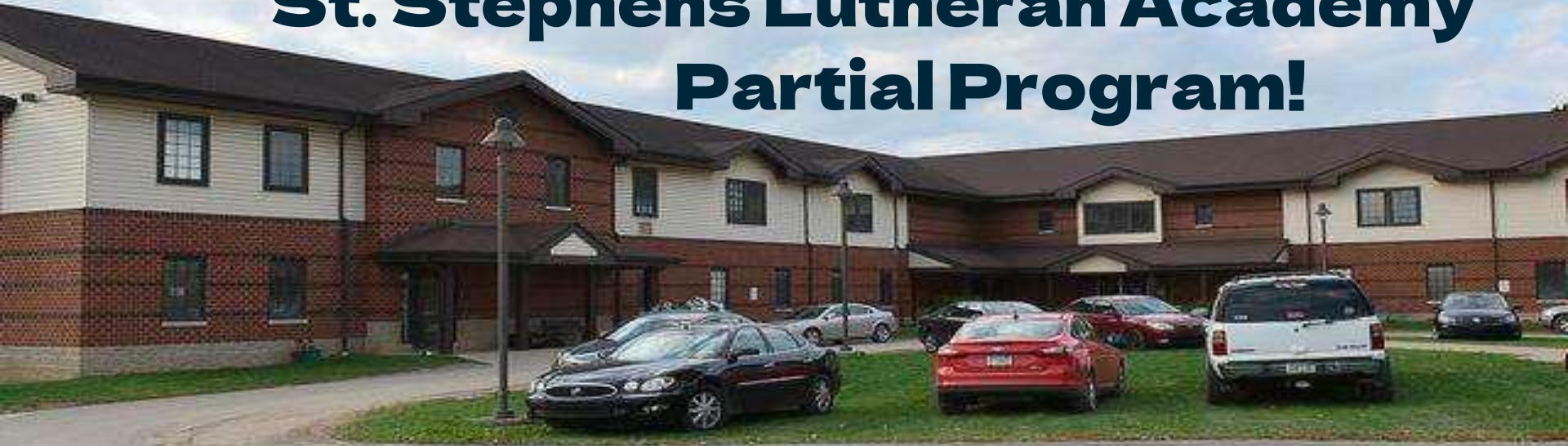
Visits primarily focus on skill development and managing emotional and behavioral challenges. Implemented diverse behavioral approaches and adjustment techniques.

Gained a significant understanding of in-home therapy processes and child-focused methods in personalized therapy.



My advisor  
Kathy reading to  
the triplets,  
she's so sweet  
!!!

# St. Stephens Lutheran Academy Partial Program!



I also got to observe some classes in their Partial Program, where therapeutic interventions are integrated into K-12 education at St. Stephen's Academy.

Daily mood assessments informed therapeutic goals. Lessons emphasized applying skills to daily life for better mental well-being and relationships. Students were encouraged to visualize future outcomes and define personal happiness. The school's culture centers on non-violence, safety, emotional intelligence, and social responsibility, evident in daily community meetings where students express feelings and set goals in a supportive environment.






# Adventures Program Equine Therapy!



Vulnerable	Excitement	Strength
Connection	Leadership	Peace
Sociable	Companionship	Acceptance
Balance	Emotional	Change
Trust	Experiences	Charged (energy)
Feelings	Growth	Wisdom
Survival (competition)	Comfort	Serenity
Fearless		
Boundaries		
Love		
Learning		
Loyalty		
Communication		
Anxiety		



Equine Assisted Wellness Workshops involve guided wellness activities with therapy horses, focusing on stress reduction, re-energizing, and sensory engagement. It highlighted the benefits of animal interaction in managing stress, anxiety, depression, and long-term mental health conditions. The non-mounted sessions led by equine professionals offered a unique way to connect their individual goals with the objectives of Equine therapy.



My internship at Glade Run was very enjoyable, I feel it provided me with a lot of real-world hands on experiences.

I loved this experience and highly recommend it to new interns pursuing their practicum if they plan on working in child psychology, or with children facing mental health challenges.

This internship solidified my interest and commitment to the field of child development and behavioral health.

I absolutely LOVED my advisor and the families I worked with!  
Forever grateful for the opportunity :)

**My Takeaways**





~ Thank You ~

